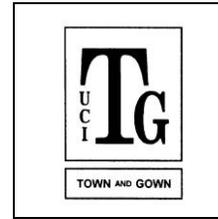


TOWN CRIER

University of California, Irvine, Town and Gown



EDITOR: MARILYN RYAN (714) 292-4460

JANUARY-FEBRUARY 2022

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Our membership is open to everyone in the community (Town) and University faculty and staff (Gown). We support our unique scholarship program for students returning after a break of five years or more in their education. We offer social and educational opportunities enhanced by our association with the campus environment.

Friday, February 18, 2022

UCI Town and Gown Presents

Claudia Kawas, MD, "Al and Trish Nichols Chair in Clinical Neuroscience, and Professor of Neurobiology and Behavior and Neurology" at UCI

HIGHLIGHTS FROM THE "90+ Study"

Friday, February 18, 2022, at Mile Square Golf Course Banquet Hall at 10401 Warner Avenue in Fountain Valley. During an interview on "60 Minutes" Dr. Kawas said "I really believe that when we learn things from the 90-year-olds they're going to be helping the 60-and 70-year-olds, not just how to become 90-year-olds, but how to do it with style and as good a function as possible." In 2017 Dr. Kawas was awarded the "Potamkin Prize" for Alzheimer's as "the person deemed to have done the most to help in its treatment."

11:30 a.m. to 2:00 p.m.

Registration at 11:30. Dr. Kawas will speak following lunch

Cost: \$45.00

To reserve your seat, please return the RSVP Tear Sheet (page 9), along with your check to the address shown.

President's Message



Just a couple of days before my writing this, many of our members very much enjoyed getting together for a social luncheon at Seasons 52 in South Coast Plaza. The food and service at this particular restaurant are excellent, but the best part of the event was the camaraderie. Old friends who hadn't broken bread together for a long time, and a few new friends...all were very happily engaged in conversation, catching up, laughing...having a good time!

I'm reminded that our typical luncheons, with a program usually featuring UCI professors, play a very important role in building and maintaining the essential esprit de corps that successful organizations of all types need in order to thrive. Much like the recent social luncheon, we can gather together to have fun, hopefully a good meal and usually learn something interesting, perhaps about health, the Supreme Court, music, art or theater, and once even the rise of Chinese food in America. Many of you may recall that last delicious event was actually held in a Chinese restaurant!

In May of 2022 Professor Holly Poe Durbin of UCI's Claire Trevor School of the Arts will again talk to us about costume design; and on February 18th of the new year, we will welcome UCI Professor Claudia Kawas, M.D., who specializes in neuroscience and behavior.

She's the author of the "90+" Study, which focuses on memory and dementia. Professor Kawas's presentation will afford us the opportunity to learn facts and techniques that can help us live longer and more productive lives. To put it another way, **both Doctor Kawas and Professor Durbin are "the real deal."** For your own benefit and enjoyment, and for the continued success of UCI Town and Gown, I urge you to attend and support these events.

Paul Kanter
President

COURTESY PROGRAM

Whenever a member of Town and Gown passes away, the Treasurer makes a \$25 donation in memory of the deceased. The Corresponding Secretary writes a note of condolence, informs the family of the donation, and requests that a notice be placed in the Town Crier, In Memoriam. When anyone in a member's immediate family passes away, the Corresponding Secretary writes a note of sympathy to the member. Please notify the Corresponding Secretary, Carolyn Woolhouse (714) 401-0821, or by email at: eclectic.sentiment@gmail.com

In Memoriam

Katie Friedel

Wally Paulson

Meet the Scholar



AMIRA ABED

Amira is pursuing a career in law at UCI, looking forward to serving the community, influencing the justice system, and helping victims. Despite years of turmoil and persecution in Iraq, she has continued to get back up on her feet and keep trying. She grew up in a less privileged community with financial and academic challenges that helped her realize the value of a college education.

Criminology always was her passion since witnessing war, religious persecution, threats by Isis, and fostering two abused kids. She is determined to make a difference in people's lives through law.

Dear UCI Town and Gown,

I am writing to express my sincere gratitude to you for making the UCI Town and Gown Scholarship possible. I was thrilled to learn of my selection for this honor, and I am deeply appreciative of your support. By awarding me the Town and Gown Scholarship, you have lightened my financial burden, which allows me to focus more on the most important aspect of school: learning. Your generosity has inspired me to help others and give back to the community. I hope to be able to serve as prosecutor sometime in the future, where I might have even more of an ability to help less fortunate and under-represented social groups.

I am the first in my family to attend college. Growing up in a less privileged community has not only offered financial and academic challenges but has also helped me realize the value of a college education. I am currently a junior and I plan to graduate in the Spring of 2022. Thanks to you, I am one step closer to that goal.

If you missed renewing your membership in Town and Gown, or have a friend who would like to join, there is still time to do so. Just contact Membership Chair Elisabeth Hoskins at (949) 646-3074 or elisabeth.hoskins2311@gmail.com, We have plans for a great year of events and activities.

If you need **directions** or a ride to any event, please call the Chair of the Interest Group or one of the Board members. We will do everything we can to help you with transportation. **Your \$3.00 donation when attending and participating in the various Interest Groups helps us grow our Scholarship funds.**

Appreciating the Past

ALL THINGS VINTAGE

JANUARY-FEBRUARY



DATE/TIME: Wednesday, January 19, 10:00 a.m.

PLACE: The Orange Circle in Orange (Glassell and Chapman).

SUBJECT: Visit to the antiques shops. We will inform members of the meeting place later. We will also select a local restaurant for lunch afterwards.

NOTE: Please call Denise Bletsos (714) 949-6413 or Carol Cowden (949) 645-2922 and leave a message if you would like to join the group.

DATE/TIME: Wednesday, February 16, 10:00 a.m. C.S. Woo & Sons Home Furnishings

PLACE: 3311-A Hyland Ave, CM

SUBJECT: A 100-year family-owned business featuring high-end luxury home furnishings. It includes high-end American brands (Tommy Bahama, American leather, and Jonathan Louis). The shop also displays eclectic style elements from all over the world using well-priced one-of-a-kind Asian antiques or rattan furniture. We will select a local restaurant nearby.

DETAILS: Please call Denise Bletsos or Carol Cowden if you would like to join the group.

CHAIRS: Denise Bletsos (714) 969-6413, Carol Cowden (949) 645-2922

FAMILY HISTORY MEMOIR WRITING GROUP

JANUARY-FEBRUARY



The Family History Memoir Writing Group has continued to meet, mostly outdoors, to share stories of growing up, travels, holidays, adventures, friendships, and anything else we can think of (and remember!). Guests are always welcome. Please contact the chairs for further information.

CHAIR: Deb Penley (949) 559-6726

Enjoying Nature

BIRDERS

JANUARY-FEBRUARY



We meet the first and third Tuesdays. Lunch optional. Please arrive at the location by 8:15 so we can begin birding promptly at 8:30 AM. Call us if you are running late and want us to wait for you. If it is *really* raining or windy the trip is cancelled. Masks may be required for the trail and the restaurants to best protect our members and those who serve us. If you're not sure, call one of the chairs: Marlene Brajdic (714) 905-6641 marlene.brajdic@outlook.com, Mary Anne Skorpanich (714) 299-1863 skorpanich@icloud.com

DATE/TIME: Tuesday, January 4

PLACE: **Huntington Central Park** (Edwards entrance), 6741 Central Park Drive, HB. Free. From PCH, turn north onto Golden West, left on Garfield, right onto Edwards, right onto Central Park Dr. Or from the 405, exit Warner westbound, left onto Edwards, left onto Central Park Dr. Go to the end and make a hard right into the parking area. Park near the restrooms and playground. Lunch is at Kathy May's restaurant in the park

DATE/TIME: Tuesday, January 18

PLACE: **Cleveland National Forest and Modjeska Preserve**, 29322 Modjeska Canyon Rd, Silverado. Free. From Jamboree, turn right onto Santiago Canyon Road, cross the 241 Toll Road and travel about 10 miles, then turn left onto Modjeska Canyon Rd. Park at Tucker Wildlife Sanctuary. From south county, take El Toro Rd east to Santiago Canyon Rd, then turn right on Modjeska Canyon Rd to Tucker. We will carpool to the Modjeska Preserve for a moderately strenuous walk (walking sticks suggested), then return to Tucker; if it has reopened, we'll bird there and walk the truck trail to Cleveland National Forest. Lunch at Cook's Corner: to Santiago Canyon Rd 1.1 miles and turn left onto Modjeska Grade Rd, then left onto Santiago Canyon Rd. The restaurant is on the left at the corner of Santiago Canyon Rd and Live Oak Canyon Rd.

DATE/TIME: Tuesday, February 1

PLACE: **Peters Canyon Regional Park**, 8548 Canyon View Rd, Orange. Fee \$3.00 or OC Regional Park pass. Take Jamboree north towards the mountains, then left onto Canyon View. Park entrance is on the left. From the south, take the 241 Toll Road, exit at Jamboree, turn left, then right onto Canyon View. We will eat at John's Place, 8400 East Chapman, Orange. The restaurant is in the strip mall at the intersection of Jamboree and Chapman. Turn right from the park, left onto Jamboree, left onto Chapman, then left into the shopping center at the signal light

DATE/TIME: Tuesday, February 15

PLACE: **Nix Nature Center**, 18751 Laguna Canyon Rd, Laguna Beach. Fee \$3.00 or OC Regional Parks pass. Take the 133 South from the I-5 (6 miles) or I-405 (3.5 miles). The Nature Center is on the right. Or take the 73 Toll Road, exit the 133 (Laguna Canyon Rd), turn left; the Nature Center will be on the left. Bring a picnic lunch.

Book Discussion Groups

BOOK CLUB

JANUARY-FEBRUARY

DATE/TIME: Tuesday, January 18, 1:00 p.m.

BOOK: *Pachinko* by Min Jin Lee

PLACE: Home of Reiko Nakano, 18745 Via Verona, IRV
(949) 854-3094

DATE/TIME: Tuesday, February 15, 1:00 p.m.

PLACE: Home of Gail Wheaton, 77 Hillsdale Dr, NB (949) 524-8779

BOOK: *American Dirt* by Jeanine Cummins

LEADER: Sheyla Nelson

CHAIRS: Connie Nelson (714) 540-4902, Lea Lowe (714) 469-9588



JANUARY-FEBRUARY

LET'S TALK ABOUT BOOKS AND AUTHORS Via Zoom and the comfort of home. Join us with a cup of tea or a glass of wine to share what you have been reading. No gathering in February.



DATES/TIME: Monday, January 24, 7:00 p.m.

WHAT: Talk about books and authors

PLACE: RSVP for Zoom link.

CHAIR: Cathey Ryder (714) 470-1353, the4ryders@gmail.com

Games

JANUARY-FEBRUARY

BRIDGE

I have asked the Bahia Corinthian management if there will be space available for the bridge group in January/February. They do not have their 2022 calendar yet. For the time being, Town and Gown bridge will continue to be held at the Harbor Blvd Coco's in CM. I will keep the members informed.

CHAIR: Ann Shonstrom: (949) 786-3062; shonstroms@sbcglobal.net

MEXICAN TRAIN DOMINOES

JANUARY-FEBRUARY

You are welcome to join us to play Mexican Train Dominoes. We play on the third Thursday of the month. Join in on the fun and conversation!



DATE/TIME: Thursday, January 20, 1:00 p.m. to 3:00 p.m.

DATE/TIME: Thursday, February 17, 1:00 p.m. to 3:00 p.m.

PLACE: Home of Cathey Ryder, 19882 Felcliff Ln, HB

DETAILS: Please RSVP to pamelakirk@cox.net or text (949) 422-4579

CHAIR: Pam Kirkendall (949) 422-4579

OC PARKS WALK

JANUARY

DATE/TIME: Thursday, January 27, 10:00 a.m.
PLACE: Mile Square Park, FV. The park is bordered by Brookhurst and Euclid, Warner and Edinger. Easy walking on concrete paths to a small lake with an island. Check out a beautiful flock of Egyptian geese.
MEET: Park on Euclid, south of Edinger. Meet on the sidewalk near Freedom Hall.
LUNCH: Options can be discussed.
CHAIRS: Denise Bletsos: (714) 969-6413, Diane Howell: (714) 960-7170

Arts Appreciation

MUSIC

JANUARY-FEBRUARY

HOPE IS STILL ON THE HORIZON!!



But, unfortunately, currently all Town and Gown music remains cancelled indefinitely. The UCI students and our friend, Professor Nina Scolnik, are ready to play for us; but understandably, Regents Point is not yet willing to allow “outside groups” in. Perhaps this will change soon, and we monitor the situation regularly.

The Music Group typically meets at 1:30 p.m. on the first Wednesday of most months. We usually do not meet during July, August, or September.

DATE/TIME: First Wednesday of the month at 1:30 p.m.
WHAT: Music Department students perform miscellaneous classical pieces
PLACE: **Regents’ Point Senior Living Community***, 19191 Harvard Ave, IRV
CHAIR: Paul Kanter (310) 991-8519, Elisabeth Hoskins (949) 646-3074

NEEDLEWORK AND FRIENDS GATHERING

JANUARY-FEBRUARY



DATE/TIME: Friday, January 14, 10:00 a.m.
DATE/TIME: Friday, February 11, 10:00 a.m.
PLACE: Zoom meeting
DETAILS: Cathey Ryder will be the Zoom Hostess. Please RSVP to her if you will be attending the Zoom Meeting. Featured will be a scavenger hunt, a needlework project presentation, kitchen sharing, and other items of interest to be determined.
CHAIR: Lauren Nivans: (714) 748-2884

PLEIN AIR PAINTING

JANUARY-FEBRUARY

CHAIRS: Magda Abramson (714) 960-0887, Eula Casselman (714) 639-1226



JANUARY-FEBRUARY

HAPPY HOUR WITH FRIENDS

Join us on Wednesday, January 12, 4:30 pm at Seasons 52, 3333 Bristol Street CM. RSVP is a must to save a spot for you.

CHAIRS: Cathey and Bob Ryder (714) 470-1353, the4ryders@gmail.com

NOVEMBER-DECEMBER INTEREST GROUP CALENDAR

MONDAY:

9:30 a.m., Plein-Air Painting (2nd Monday)

7:00 p.m., Let's Talk About Books and Authors Via Zoom (4th Monday)

TUESDAY:

8:30 a.m., Birders (1st and 3rd Tuesdays)

1:00 p.m., Book Club (3rd Tuesday)

WEDNESDAY:

10:00 a.m., All Things Vintage (3rd Wednesday)

1:30 p.m., Music (1st Wednesday) *Indefinitely postponed*

4:30 p.m., Happy Hour with Friends

THURSDAY:

10:30 a.m., Bridge (2nd Thursday) *Please contact chair for scheduling*

1:00 p.m., Family History Memoir Writing Group

1:00 p.m., Mexican Train (3rd Thursday)

4:30 p.m., Happy Hour with Friends

FRIDAY:

10:00 a.m., Needlework and Friends Gathering (2nd Friday)

RSVP TEAR SHEET

UCI TOWN AND GOWN LUNCHEON

Guest Speaker: UCI Professor Dr. Claudia Kawas

Topic: "90+ Research Study - the Process to Successful Aging"

Mile Square Golf Course, 10401 Warner Avenue, Fountain Valley CA

Friday, February 18, 2022, at 11:30 a.m.

Lunch includes Green Salad, Grilled Marinated Chicken Breast with Herb Sauce, Chive Mashed Potatoes, Garden Vegetables, Fresh Baked Rolls, Coffee, Iced Tea and a Decadent Chocolate Brownie Dessert.

Name_____Phone_____

Name_____Phone_____

ALL RESERVATIONS and CHECKS MUST BE RECEIVED NO LATER THAN FEBRUARY 4, 2022

Sorry - no late email or phone reservations can be accepted.

**Send a check payable to UCI Town and Gown for \$45.00 per person to:
Denise Bletsos, 6462 Doral Drive, Huntington Beach, CA 92626 - 714-969-6413.**